

MEDIA RELEASE

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A Mother's Day for everyone



Guy Grossi with HEAT & Relish 2010

What do you get if you mix together some cooking tips from renowned chefs, a lot of goodwill and stir in a pinch of community spirit? Great food for good causes.

This Mother's Day you can grab mum two recipe books for a special deal of \$35 and feel good in the process.

All proceeds from The Relish and HEAT recipe books go to a range of charities and the HEAT hospitality training program, all working to improve the lives of people in need, both locally and overseas.

Purchase both books before Monday, 3 May to be in the running to win a special Mother's Day treat.

You could be the favourite child as up for grabs is a three course lunch at Mirka at Tolarno's Hotel for four people, designed by Guy Grossi, a beautiful bouquet and a box of Cacao's award winning chocolates.

Relish is an initiative of the Rotary Club of St Kilda and shares recipes from local restaurants and cafes operating in St Kilda, Prahran, South Melbourne, Malvern and Elwood areas.

The HEAT (Hospitality Employment and Training) cookbook features recipes and cooking tips from well known chefs such as Guy Grossi as well as heartfelt stories from young people whose lives have been changed forever by participating in training programs.

The books can be bought from the HEAT and Relish websites.

Links: www.heat.org.au or www.relishrecipes.com.au

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